



TOOLBOX
CARDS

THE EARLY YEARS

Roleplay Scenarios

A family is looking for some guidance about reconnecting with their culture and making sure their children feel a strong sense of cultural identity.

A mother is 7 months pregnant with her first baby. She is feeling stressed and worried about her limited knowledge about pregnancy and birth.

A family is struggling with putting some boundaries or limitations around their toddler's screen time use.

A family would like some guidance about getting their children, ages 3 and 5, more involved in outdoor, physical activities.

A family is struggling and grieving due to the passing of a close relative.

A mother with a 6-month-old baby is looking for some guidance about feeding her baby. She is breastfeeding but she is considering weaning her baby soon and isn't sure about how to best introduce new foods and transition her baby from breast milk to solids.

A mother with two young children is feeling that the responsibilities of caring for her children are not being shared equally between her and her partner. She feels that she has to do everything, while her partner only takes on responsibilities for caring for their children occasionally.

A dad is having trouble putting his toddlers to sleep at bedtime, even though they've had a busy day and are exhausted.

A parent is concerned that their new baby is not turning his head equally both ways.

A family with two young children is interested in getting involved in Early Years programming, but they are hesitant to open up communication with program staff beyond occasionally sending text messages.